

Live it, Love it!

# Kosher Food Hunt

 15 Minutes



## Instructions:

This activity can be done at home in your kitchen, or at a local grocery store.

*Optional:* Start by setting your timer to 15 minutes. On your marks, get set, and... Kosher!

1. Find a food that matches each description on your Kosher Hunt Card and then search its packaging for a Kosher Symbol!
2. Once you've found a Kosher symbol on it, write down the type of food you found on the line next to the description, and draw the Kosher symbol that you found on its package.
3. If you couldn't find a Kosher symbol on it, try finding a different item that matches the description, or move onto the next item on your list
4. Repeat steps 1-2 for each item on your list, and try to see if you can find all the Kosher foods before 15 minutes is up, without writing the same food twice!



## Think About It

Kosher food fuels not just our bodies, but also our souls!

## OVERVIEW

Packaged foods need to have a Kosher symbol to let us know that they are Kosher. Join the Kosher Food Hunt to find all the Kosher foods on this list in your kitchen, or local grocery store!

## SUPPLIES NEEDED

- Pen
- Optional: Timer

## ONLINE RESOURCES

- Printable Kosher Hunt Card

**KOSHER FOOD HUNT!**

Instructions: Set your timer to 15 minutes, and get ready to hunt! Check your kitchen, or local grocery store for a food that matches each description on this card. Draw your findings on the line next to the description, and draw the Kosher symbol that you found on its packaging. Only you're sure that the food is kosher, write down the name of the food on the line next to its description. Print this card and use it as a game for your family. Show the Kosher symbols found on its packaging too! Challenge: Try to find all 20 foods before time is up, without writing the same food twice!

**Ready, Set, Get Find...**

1. A food that you would put on a Kosher holiday to make it more tasty	
2. A Kosher cereal	
3. A Kosher liquid you would add to a bowl of cereal	
4. A food that is both Kosher and Vegan	
5. A fruit that goes great with Kosher ice cream	
6. A special Kosher treat, or candy	
7. A Kosher food that does not come in a package	
8. A vegetable that you would have with your Kosher dinner	
9. A package of Kosher pasta	
10. A Kosher frozen food	
11. A healthy Kosher snack	
12. A Kosher ingredient in a salad dressing	
13. A Kosher ingredient found in cookies	
14. A Kosher filling for a sandwich	
15. A Kosher drink made out of fruits, or nuts	
16. A Kosher food that is kept in the refrigerator	
17. A vegetable that starts with the letter C	
18. A Kosher food that is very chewy	
19. A Kosher food that has a yummy smell	
20. A Kosher food that is one of your favorites	

Check each item if you need a reminder of what Kosher symbols look like.



15

Week 4  
Wednesday

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