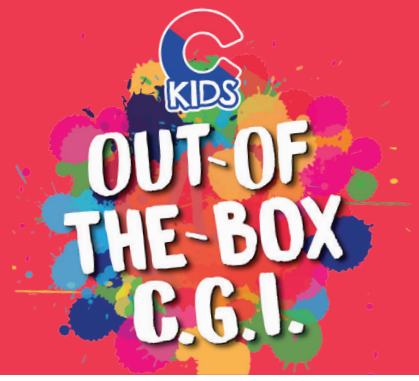


WEEK 3 MONDAY



FEATURED VIDEOS OF THE DAY

The Sound of Tefillah

15 MINUTES

Connecting to your Higher Power.
A Musical Conversation with Hashem

Take Action

Shabbat Delight

10 MINUTES

Interactive video where your child will learn fundamental aspects of Judaism in a fun & exciting way!

How Cool Is That

Blow Dart Shooter

20 MINUTES

STEM - The Fun Way!
Build awesome things with simple materials

Build Your Talent

Magic 101 with the incredible Gary Goodman

30 MINUTES

Want to amaze your friends?
Learn how to do your own cool magic tricks!

ONLINE RESOURCE

- Video Links

SUPPLIES NEEDED

- 1 Thick straw
- 2 Thin straws
- 2 Index cards
- Tape
- Scissors
- (1 pizza box, cereal box or foam board)
- Markers

SUPPLIES NEEDED

- Coin
- Napkins
- Rubber band
- Ring



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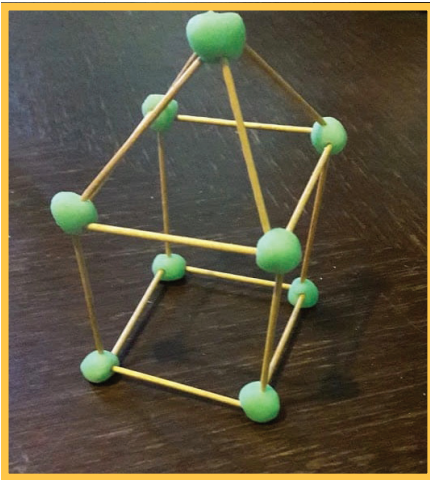
Week 3
Monday

Featured Videos of the day

Live it. Love it

Build And Freeze!

 15 Minutes



How to Play:

- In this game there are 3 rounds of challenges. For each round you will have 60 seconds to build a structure. When the time is up you will stop building, “freeze for Shabbat”, and do a Shabbat activity.
- Before beginning a round, set a timer for 60 seconds. If using an hourglass, flip it over to begin and depending on how long it takes to finish, you may have to flip it over again when it runs out to have a complete 60 seconds.
- Bonus Challenge: Try to complete each round, while still saving enough toothpicks for the other rounds. If you run out, you may destroy your earlier creations to reuse the toothpicks and playdough.

Round 1:

- Use your toothpicks, and playdough to build a structure of a synagogue.
- When 60 seconds are up, freeze from all work!
- Shabbat activity: Sing your favorite shabbat song for at least 60 seconds.
- When you are done singing, reset your timer, and continue on to round 2.

OVERVIEW

Hashem created the world in 6 days and on the 7th day He rested. In this activity, you will be challenged to build exciting structures using playdough and toothpicks. When the allotted time is up, you will “rest” and do a Shabbat activity, just like on Shabbat!

SUPPLIES NEEDED

- 30 Toothpicks
- Mini tub of playdough
- Hourglass or Timer



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Week 3
Monday

Live it. Love it

Round 2:

- Build beautiful Shabbat candlesticks or the shape of a special Kiddush cup.
- When 60 seconds are up, freeze from all work!
- Shabbat activity: Act out lighting Shabbat Candles and making Kiddush, for at least 60 seconds.
- When you are done acting, reset your timer, and continue on to round 3.

Round 3:

- Build a super tall tower!
- When 60 seconds are up, freeze from all work!
- Shabbat activity: Rest, by freezing like a statue or having a staring contest with a partner for 60 seconds, without moving.
- Once you have completed this challenge, repeat rounds 1-3 to see if you have improved your building, and freezing skills!



Think About It

Just like Hashem, for 6 days a week we are busy building, working, and creating. But then comes Shabbat. The 7th day of the week, Shabbat, is a totally different experience. It's our chance to "freeze" and refocus. It's a day that brings meaning into the rest of our week. And it begins with the lighting of Shabbat candles by women and girls every Friday 18 minutes before sunset. This special Mitzvah is a time of transformation, taking us out of our workday reality and bringing us into "Shabbat mode".



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Week 3
Monday

Live it. Love it

Craft Corner

Grass Heads

 20 minutes



Instructions:

1. Cut off an 8" section of stocking that includes the toe.



2. Stretch the stocking over a large cup or mug, and spoon in about 2 teaspoons full of grass seeds.



3. Pack in some soil, sawdust or potting soil. It should be about the size of a tennis ball.



4. You can make a bulging nose or ears by taking a bit of stocking and twisting. Fasten the base of the nose or ears with a rubber band. Knot it to close the end. No need to cut off the extra fabric.



OVERVIEW

Plant your very own grass head creation and watch it grow!

SUPPLIES NEEDED

- Nylon stockings or pantyhose
- Grass seeds (2 teaspoons)
- Soil, sawdust or potting (1 cup)
- Cup (with a large rim)
- Rubber bands (optional)
- Small jar, yogurt container or mini plant pot
- Decorations: googly eyes, fabric scraps, buttons, pipe cleaners, colored paper, markers
- Liquid glue

Grass Heads (continued)

- Decorate! Use fabric scraps, googly eyes, buttons and glue to decorate the face. Add glasses by twisting pipe cleaners into shape. Make the body by covering the small jar, yogurt container or mini plant pot with colored paper to make it into a dress or a suit - get creative!



- When the glue on your grass head face is dry, give it a good dunking in a bowl of water to moisten the soil/sawdust/potting.

- Half-fill the small jar, yogurt container or mini plant pot with water, and put the head on top, with the extra stocking dangling down into the water.
- Put your creation on a windowsill or somewhere with plenty of sunlight. Check every day to make sure the head is moist - you might need to dribble a few drops of water onto the head now and then.
- “Hair” takes about 1 week to sprout. Experiment with different hairstyles :-)
- You can make mohawks, pony-tails, crew-cuts... have fun with it!



Take the Challenge

Roll an Apple Head

 20 Minutes



Instructions:

1. Set up your area with an apple, toothpicks, fruit, dice and printed file.
2. To play the game roll 2 dice and add the dots together.
3. Check the printed apple head key to see which body part to add to your Apple Head.
4. Choose which fruit you want to use for that body part and use a toothpick to add it to the apple in its correct place.
5. Time how long it takes you to finish building the entire apple head!

OVERVIEW

Roll the dice and race to build an edible apple head.

SUPPLIES NEEDED

- 2 dice (or use a dice rolling app)
- Apple
- Toothpicks
- Variety of fruit: cherry, grape, strawberry, orange slice, dried apricot, blueberry, raisin

ONLINE RESOURCES

- Printable apple head key



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Week 3
Monday

Take the Challenge