

## Take the Challenge

# Live Bop it

 20 Minutes



### Instructions:

1. Set up a computer and speakers with the Bop-it Live video.
2. Stand in front of the computer and make sure you have plenty of room to move around.
3. Pay close attention and follow the video instructions.
4. The goal of the game is to do the dance moves at the same time that the scrolling instructions appear on the screen while staying on beat with the music.

### OVERVIEW

Follow the fast paced bop it dance moves and keep to the beat!

### SUPPLIES NEEDED

- Computer + Speakers

### ONLINE RESOURCE

- [Video Link](#)



# 24

Week 3  
Thursday

*Take the Challenge*