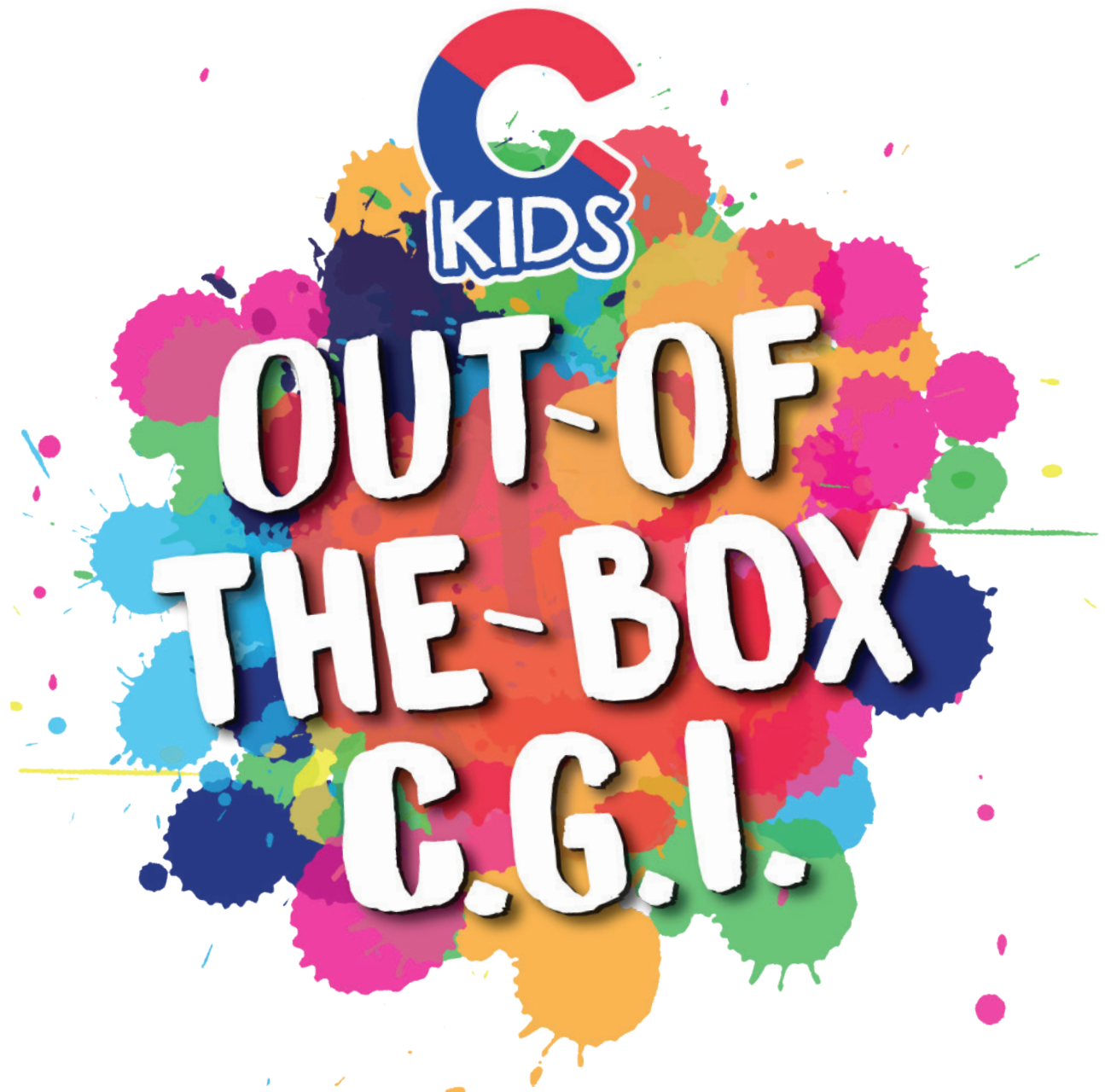


ב"ה



OUT-OF-THE-BOX C.G.I.

Activity Guide

BOOK 5

WEEK 5 MONDAY



FEATURED VIDEOS OF THE DAY

The Sound of Tefillah

15 MINUTES

Connecting to your Higher Power.
A Musical Conversation with Hashem.

Take Action

Part of One

10 MINUTES

Interactive video where your child will learn fundamental aspects of Judaism in a fun & exciting way!

How Cool Is That

Hanging Heart

20 MINUTES

STEM - The Fun Way!
Build awesome things with simple materials

Build Your Talent

Magic 101 with Gary Goodman - Part 2

30 MINUTES

Want to amaze your friends?
Learn how to do your own cool magic tricks!

ONLINE RESOURCE

- Video Links

SUPPLIES NEEDED

- 2 sheets of paper
- Tape

SUPPLIES NEEDED

- 1 pencil with writing on one side
- One rubber band, preferably size 19
- One toothpick
- Two paperclips
- Dollar bill
- Three cups
- Water Bottle
- One straw



2

Week 5
Monday

Featured Videos of the day

Live it. Love it

Veahavta Puzzle

 **25 Minutes**



Instructions:

1. Place the carbon paper over the puzzle with the black side facing down onto the puzzle. Lightly tape it on the sides so it does not move as you work.
2. Place the printable stencil paper on top of the carbon paper and tape it down on the sides as well.
3. Use your pen to trace over the black stencil lines. Make sure to press as hard as you can as you trace.
4. When you finish tracing remove the stencil paper and the carbon paper. The image should now be visible on the puzzle.
5. Use your coloring utensils to color in the picture and the letters and to decorate your puzzle how you like.
6. Take the pieces apart and now you've got your very own Veahavta Puzzle to add to your puzzle collection!



Think About It

Just as a puzzle is not complete if a piece is missing, so too every Jew is an important part of the Jewish people. When we are all together and kind we are complete and strong!

OVERVIEW

Create your very own Veahavta puzzle using a provided printable stencil to draw and color your puzzle pieces.

SUPPLIES NEEDED

- Coloring utensils such as markers, crayons or colored pencils
- Blank puzzle
- Carbon paper
- Scotch tape
- Pen

ONLINE RESOURCES

- Veahavta Puzzle stencils

Hand Shrinky Dinks Keychain

 25 Minutes



Instructions:

1. Pour some paint onto the plate to cover the surface with a thin layer.
2. Dip your hand flat in the paint and make sure your whole palm is covered in a thin layer of paint.
3. Stamp your hand onto the rough side of the Shrinky Dink sheet.
4. Carefully, without touching the wet paint, cut around the handprint. Be careful not to cut too close to it.
5. Punch a hole where you want your keychain to hang from, either the bottom of the palm or at the top of the fingers.
6. Put the cut out handprint on a tray and, with adult supervision, place it in an oven preheated to 350 degrees. Bake for about 3-4 minutes (or according to package instructions). Watch them shrink!
7. Remove the shrinky dinks from the oven. When they are slightly cooled, use a paint brush to Mod Podge over the paint.
8. Let the Mod Podge dry, then attach the jump ring and key ring and there you have it! A handprint shrinky dink keychain!



Think About It

Whenever you lend someone a hand and help them out, you are doing the special Mitzvah of Ahavat Yisrael!

OVERVIEW

Make a handprint keychain as a reminder for the Mitzvah of Ahavat Yisrael - always being ready to lend a hand and help others out.

SUPPLIES NEEDED

- Washable paint, choose your color
- Flat plate
- Shrinky Dink sheet
- Key ring
- Jump ring
- Mod Podge
- Hole puncher
- Scissors
- Paint brush

Mosaic Art

 20 Minutes



Instructions:

1. Use a ruler and pencil to trace a 6" x 6" square on your cardboard piece. Cut out the square.
2. Cut out the printed mosaic outline and glue it onto the cardboard piece. (If you choose to create your own original design, skip this step.)
3. Plan out your design. If using the printed mosaic outline, place the tiles inside the outlines and design your tiles to fit the spaces. If you're creating your own original design place the tiles in whatever position you'd like.
Tip: Try not to overlap squares, trim the foam into different shaped pieces as necessary to fit where they need to.
4. Once your design is laid out it's time to stick or glue the tiles onto your baseboard.
5. Peel and stick (or glue) the foam tiles onto your cardboard to create a gorgeous artwork. If using glue you can paint the entire board with glue first, or put a little bit on at a time and stick the pieces on as you go.

OVERVIEW

Design your very own mosaic art. You can choose to use the provided outline or make an original design.

SUPPLIES NEEDED

- Cardboard
(at least 6" x 6" square)
- Ruler
- Pencil
- Foam mosaic tiles
(we recommend using adhesive)
- Liquid glue, paper plate and q-tip *(if not using adhesive tiles)*
- Scissors

ONLINE RESOURCES

- Printable mosaic outline (optional)

Take the Challenge

Caterpillar Race

 10 Minutes

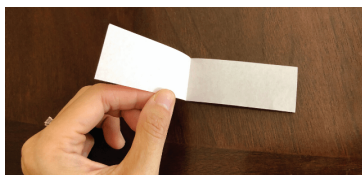


Instructions:

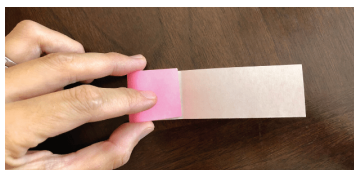
1. Cut the paper into strips $1\frac{1}{4}$ inches wide by 8 inches long.



2. Fold the strip in half to create a crease in the middle.



3. Fold the paper toward the middle crease and repeat the same fold on the other side.



4. Fold the strip again from outside to the middle crease and repeat for both sides.



OVERVIEW

Make a paper caterpillar and race to get it to the finish line!

SUPPLIES NEEDED

- Colored paper
- Scissors
- Pen or marker
- Straw

ONLINE RESOURCES

- Instructional video



6

Week 5
Monday

Take the Challenge

Take the Challenge

Caterpillar Race (continued)

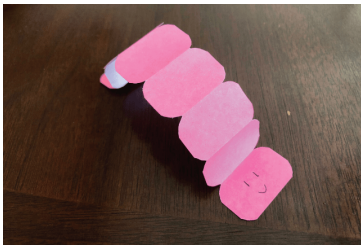
5. Fold the two halves together.



6. Using a scissor, trim all 4 edges round.



7. Unfold the strip and use a pen or marker to draw eyes and mouth on the caterpillar head. You can add more decoration if you'd like.



8. Practice gently blowing with a drinking straw to make the caterpillar crawl!
9. Mark a start and finish line for your caterpillar race on the table or floor.
10. If playing with a partner, race to get to the finish line first! If playing by yourself, time yourself to see how fast it can take you to get from start to finish.


Optional: Build a race track for your caterpillar to race on using pipe cleaners, chopsticks, rulers, or even yarn. Be creative and come up with your own design!

WEEK 5 TUESDAY



FEATURED VIDEOS OF THE DAY

The Sound of Tefillah

 Connecting to your Higher Power.
A Musical Conversation with Hashem.

Take Action

Different or the Same?

 10 minutes

Interactive video where your child will learn fundamental aspects of Judaism in a fun and exciting way.

Art

Cartooning with Gio - Part 2

 25 minutes

Learn the basics of cartooning and storytelling.

Showtime

Master Juggler

 30 minutes

ONLINE RESOURCE

- Video Links

SUPPLIES NEEDED

- Pencil
- Paper



8

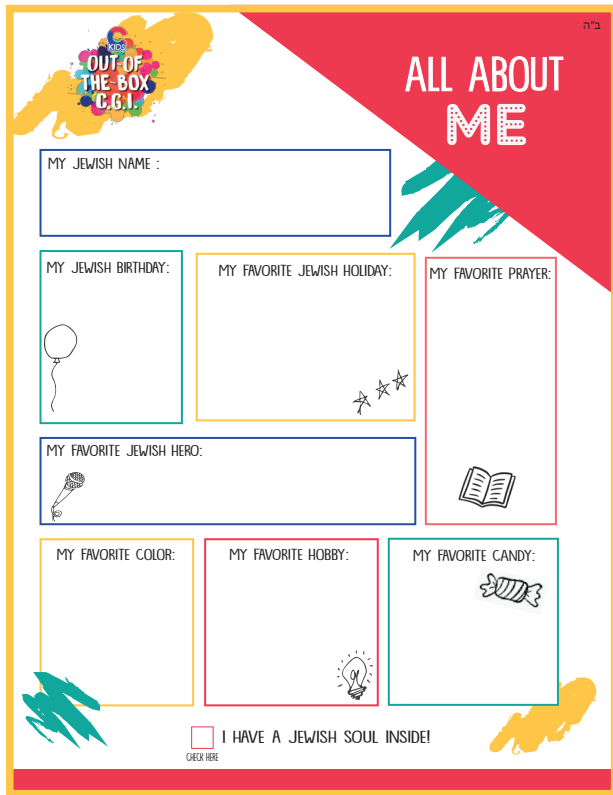
Week 5
Tuesday

Featured Videos Of The Day

Live it. Love it

All About Me!

 25 Minutes



The activity sheet is titled "ALL ABOUT ME" in a red banner at the top right. It features a grid of boxes for personal information, each with a small icon: a balloon for birthday, stars for holiday, an open book for prayer, a microphone for hero, a lightbulb for hobby, and a candy for candy. At the bottom, there is a checkbox labeled "I HAVE A JEWISH SOUL INSIDE!" with "CHECK HERE" written below it. The sheet is decorated with colorful brushstrokes and the text "OUT OF THE BOX C.G.I." in the top left corner.

OVERVIEW

We all have so many different things about us that make us special and unique. As Jews, we all have a special Jewish soul inside that makes us one and the same. Fill in this All About Me activity sheet and ask someone else to fill one in too. Notice the differences but remember that inside we are all the same!

SUPPLIES NEEDED

- Writing utensil such as a pencil or pen

ONLINE RESOURCES

- All About Me printable x2

Instructions:

1. Fill in the spaces on the All About Me activity sheet. For example: in the box that says "My hair color" write whatever color your hair is.
2. Ask someone else (a family member or friend at camp) to fill in an All About Me activity sheet as well.
3. Compare the differences but notice what is the same! You both have a Jewish soul!



Think About It

Though our All About Me sheets may look different in many ways, see how we all have something that is the same. This makes us all equal and deserving of each other's love and kindness!



9

Week 5
Tuesday

Live it. Love it

Ahavat Yisroel Cookies

 25 Minutes



Instructions:

1. Preheat the oven to 350. Line the cookie sheet with parchment paper.
2. Mix all the ingredients into the bowl.
3. Roll out the dough with your rolling pin.
4. Use the cookie cutter to cut out as many people as you can.
5. Gather the leftover dough and repeat step 3 & 4 until there is no dough left.
6. Place your cookies on the pan. Not too close to each other.
7. Bake at 350° for 20 minutes
8. When the cookies are ready, let them cool off.
9. Use the frosting and candies to decorate your cookie friends!

ONLINE RESOURCES

- [Printable Recipe Card](#)
- [Instructional Video Link](#)

OVERVIEW

Bake and decorate cookie friends!

SUPPLIES NEEDED

Baking Utensils

- Mixing Bowl
- Mixing Spoon
- Measuring cups and spoons
- Cookie Sheet
- Parchment Paper
- Rolling Pin
- Person shaped cookie cutter

Ingredients

- 2 eggs
- $\frac{3}{4}$ cup sugar
- $\frac{1}{2}$ cup juice
- 2 teaspoons baking powder
- $\frac{1}{4}$ teaspoon salt
- 1 teaspoon vanilla
- $\frac{1}{4}$ teaspoon baking soda
- 2+ cups flour
- $\frac{1}{2}$ cup oil

Decorating

- Plastic Knives
- Small Bowls
- Pull Apart Licorice
- Chocolate Chips
- 1 Container Vanilla/White Frosting
- Food Coloring
- Sprinkles



10

Week 5
Tuesday

Kids Kosher Kitchen

Ice Cream Sundae Sand Art

 20 Minutes



Instructions:

1. This project can get messy, we recommend doing it outside on the pavement.
2. Pour salt on a piece of paper, enough to make a layer about ¼" thick in your ice cream sundae cup.
3. Choose a chalk color and rub the chalk back and forth across the salt until you get the color to mix into the salt.



4. Carefully, pour a layer of colored salt into the ice cream sundae cup.



Tip: Pour layers at angles and around the jar to make it interesting. You can

rotate the jar while pouring to do this.

5. Repeat steps 1-3 with new colors until your ice cream sundae cup is completely full, leaving a little space on top for glue.

Tips: Use the opposite side or a new piece of the paper to make a new salt color to keep the colors from mixing. Be careful not to shake the cup as this will mix the layers up and turn it brown.

6. When your cup is full, cover the top of it with a thick layer of glue.
7. Place cotton balls on top for ice cream and a pom pom as the cherry on top!
8. Cut the straw in half and insert the top half into the glue, careful not to shake around the colored layers.
9. Let dry and then enjoy your ice cream sundae sand art!

OVERVIEW

Fill a ice cream sundae that looks so good you might want to sneak a "taste!"

SUPPLIES NEEDED

- Salt (full container)
- Sidewalk Chalk (different colors)
- Paper
- Ice Cream Sundae cup (clear)
- Liquid glue
- Pom pom (preferable red)
- Cotton balls (5)
- Straw
- Scissor

Take the Challenge

Hunt by Number

 15 Minutes



Instructions:

1. Your task is to take a bag and go around the house (and/or outside) and collect the following items. Try to make all the items fit inside your bag!
 - 1 square item
 - 2 sparkly items
 - 3 striped items
 - 4 items that are the same shape
 - 5 multi-colored items
 - 6 items that are smaller than your hand
 - 7 items that are the same color
 - 8 items that a person can wear
 - 9 green items
 - 10 items that connect to something Jewish
2. When you're finished, you will read the printable point calculator and calculate how many points you earned.
3. How many points did you earn?

OVERVIEW

Follow instructions and collect different numbers of items. When you're done, see how many points you earned!

SUPPLIES NEEDED

- Bag
- Pen or Pencil

ONLINE RESOURCES:

- Printable points calculator

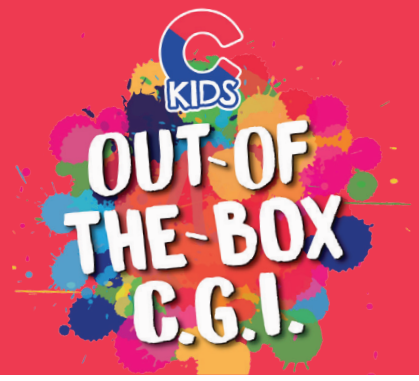


12

Week 5
Tuesday

Take the Challenge

WEEK 5 WEDNESDAY



FEATURED VIDEOS OF THE DAY

The Sound of Tefillah

▶ Connecting to your Higher Power.
A Musical Conversation with Hashem.

Take Action

▶ Replacing Hate with Love

🕒 10 MINUTES

Interactive video where your child will learn fundamental aspects of Judaism in a fun & exciting way!

Special Challenge

▶ The Game Show Guru

🕒 40 MINUTES

Get ready to play some exciting games with The Game Show Guru!

ONLINE RESOURCE

- ▶ Video Links

SUPPLIES NEEDED

- ▶ Pen
- ▶ Paper
- ▶ Apple
- ▶ Bowl with water
- ▶ Round cookie



13

Week 5
Wednesday

Featured Videos Of The Day

Live it, Love it!

Friendship Bracelets

 30 Minutes



Instructions:

1. Follow the tutorial to learn how to make friendship bracelets.
2. Gift your bracelet to someone to show your love!



Think About It

Did you know that the reason these bracelets are called friendship bracelets is because they were made to be given to friends as a sign of friendship? That's a demonstration of the Mitzvah of Ahavat Yisrael; letting people know you are happy to be their friend!

OVERVIEW

Learn how to make a friendship bracelet and give it to someone to show how much you care!

SUPPLIES NEEDED

- Embroidery thread
- A piece of tape or a clipboard

ONLINE RESOURCES:

- [Friendship bracelet tutorial](#)



14

Week 5
Wednesday

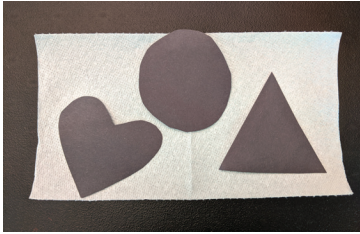
Live it, Love it!

Rainbow Paper

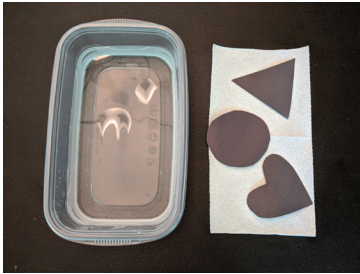
Ages 4-6 | 🕒 15 Minutes

Instructions:

1. Cut the black construction paper into any shape.



2. Fill the bowl half full with water.



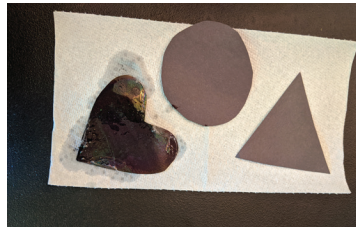
3. Drop a few drops of nail polish into the water.



4. Quickly dip your black paper flat onto the area of the nail polish.



5. Take it out and let it dry on a paper towel. The rainbow will slowly appear.



What's Happening?

When you dip the paper into the water it gets coated with a thin layer of nail polish. Light is reflected by the layer of nail polish, creating rainbow patterns. This is basically the same thing that happens when a rainbow is naturally formed in the sky.

OVERVIEW

Create a rainbow on a black piece of paper.

SUPPLIES NEEDED

- Black Construction Paper
- Scissors
- Clear Nail Polish
- Water
- Bowl
- Paper Towel

ONLINE RESOURCES

- Instructional Video





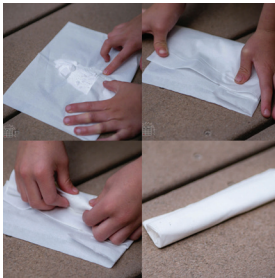
Bottle Rocket Explosion

Ages 7-10 | 🕒 20 Minutes

This is an outdoor activity.

Instructions:

-  Tape the pencils to the bottle.
-  Carefully pour the vinegar into the bottle. Fill it 1/3 full.
- Lay open the paper towel, and pour the baking soda in the middle.
- Fold the bottom of the paper towel up, to hold the baking powder.
- Next, fold the sides in and roll it, to fit into the spout of the bottle.



- Slowly start inserting the baking soda packet into the opening of the bottle, be careful not to drop the whole thing in.
- When the packet is almost completely into the bottle, use the cork to hold the packet in place.



- Give it a shake and quickly turn it over so that the bottle is standing on the pencils.
- Stand back, wait patiently, it won't take long. Watch your rocket take off!!



What's Happening?

When the baking soda and vinegar combine it creates a chemical reaction and releases a gas called Carbon Dioxide. Since there is so much gas trapped in the bottle, it causes the bottle to take off!

OVERVIEW

Build a rocket from a bottle and let it take off!

SUPPLIES NEEDED

- An empty plastic bottle
- 3 pencils (best if unsharpened)
- Duct Tape
- Wine Bottle Cork
- Paper Towel
- 2 tablespoons Baking Soda
- Vinegar
- Funnel (optional)

ONLINE RESOURCES

- [Instructional Video Link](#)



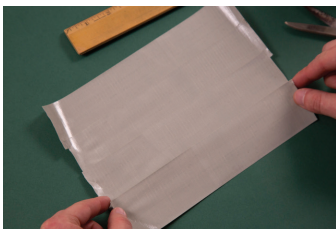
Duct Tape Wallet

 20 Minutes



Instructions:

1. Watch the instructional video link to help guide you.
2. Make a 7"x9" double sided sheet of duct tape.
 - Cut 4 pieces of tape, about 10" long, and lay them on your work surface, sticky side up.
 - Overlap the strips of duct tape until you have a 7"x9" sheet.



- Carefully stick the adhesive sides of the two duct-tape sheets together, lining up the edges.



- Use scissors to trim the ends.



- Make another sheet. Cut another 4 pieces of tape, about 10" long and overlap the strips until you have another 7" x 9" sheet.

OVERVIEW

Make your very own wallet out of duct tape!

SUPPLIES NEEDED

- Ruler
- Scissors
- Duct tape (variety of colors and patterns)

ONLINE RESOURCES

- [Instructional Video Link](#)
- [Other ideas for duct tape crafts](#)

Duct Tape Wallet (continued)

3. Fold the sheet horizontally to resemble a wallet shape and tape the edges closed with 1" wide tape. Use scissors to trim the ends.

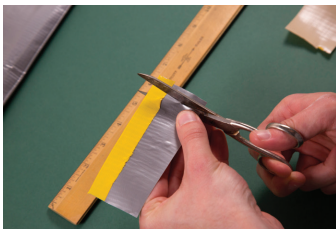


4. Make pockets.

- Cut (2) 5" strips of tape and press them together sticky side to sticky side.

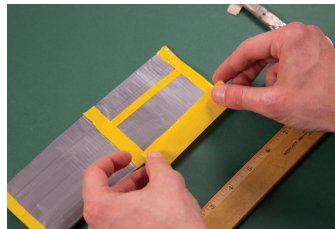


- Fold and tape a 1" strip of tape over the 5" edge. Trim the pocket to 4" long.



5. Add the pockets

- Fold the wallet in half to create a bi-fold wallet. Make sure the edges meet, then use your fingernail or a ruler to make a crease along the edge.
- Using 1/2" strips of duct tape, stick the pocket in place by taping the bottom seam and 2 side seams of the pocket onto one half of the wallet. Be sure to leave the top side open so you can fit a credit card inside.



- You can add more pockets to your wallet by repeating steps 3 and 4.
6. That's it! You just made a wallet completely out of duct tape!

Take the Challenge

Spy Decoder

 20 Minutes



Instructions:

1. Cut out the 3 circles from the spy decoder template.
Optional: Add a cardstock backing to each circle to make it more sturdy and last longer. Cut out the cardstock to fit the circles and glue them onto the back of the circles.
2. Make a hole in the center of each circle using a pencil to poke a hole.
3. Line up the circles from largest to smallest, keeping their center holes in line.
4. Attach the circles with a paper fastener through their centers.
5. Draw your own letters, numbers or symbols in the empty spaces on the medium sized middle circle. (symbol examples: star, heart, smiley face, etc.)
6. Set the code by deciding what letter "A" on the outside circle should match with on the middle circle. Write the code key on the inside of your spy decoder wheel. (write which letter/symbol/number matches the letter "A" on the outside circle).
7. To write a secret message, match the letter "A" on the outside circle with your chosen letter/symbol/number. Write your message from what they would be on the big circle to what they are on the middle circle.
8. Send your secret message along with your spy decoder wheel to a friend.
9. Pass messages back and forth that no one else can read!

OVERVIEW

Make your own spy decoder wheel! Send and receive coded messages with the help of this clever device.

SUPPLIES NEEDED

- Scissor
- Pencil or colored pencils
- Paper fastener
- Paper
- Cardstock (optional)

ONLINE RESOURCES

- Printable Spy decoder wheel template

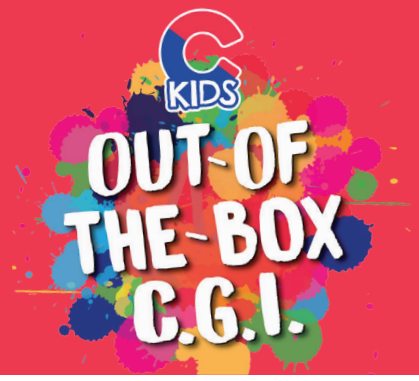


19

Week 5
Wednesday

Take the Challenge

WEEK 5 THURSDAY



FEATURED VIDEOS OF THE DAY

The Sound of Tefillah

▶ Connecting to your Higher Power.
A Musical Conversation with Hashem.

Take Action

▶ The Whole Torah?

All Ages | ⌚ 10 minutes

Interactive video where your child will learn fundamental aspects of Judaism in a fun & exciting way!

Art

▶ Cartooning with Gio - Part 3

All Ages | ⌚ 25 minutes

Learn the basics of cartooning and storytelling.

Showtime

▶ Jungle Jills Animal Encounters

All Ages | ⌚ 30 minutes

ONLINE RESOURCE

- ▶ Video Links

SUPPLIES NEEDED

- ▶ Pencil
- ▶ Paper



20

Week 5
Thursday

Featured Videos Of The Day

Live it. Love it!

"I miss your smile" Greeting Cards

 15 Minutes



Instructions:

1. Use your scissors to cut out the parts of the greeting card that are marked with scissors.
2. Take a square of yellow paper (or use a yellow marker to color a white paper yellow) just big enough to cover the full circle you just cut out.
3. Glue the yellow paper to the back of the card with the yellow side facing inside the card. This way when you open the card you see a yellow circle.
4. Use your black and red yarn or markers to add the details

of the smiley face; the eyes and mouth (see activity picture) on the yellow circle inside the card.

5. Write a friendly greeting on your card, decorate it and there you have it! A heartfelt greeting card!
6. Mail your card to a friend or a family member you haven't seen in a while, it will make them so happy!



Think About It

Getting a warm greeting always makes us feel good inside! Greeting others in this way is part of the Mitzvah of Ahavat Yisrael!

OVERVIEW

Many of us have been home and haven't seen our friends in a long time! Do you miss your friends' smiley faces that are hiding behind their mask? Let them know you do with this perfect greeting card!

SUPPLIES NEEDED

- Scissors
- Glue stick
- Markers
- Yellow paper (or regular paper and yellow marker)
- Black and red yarn (optional)

ONLINE RESOURCE

- Greeting card template printable



21

Week 5
Thursday

Live it. Love it!

DIY Heart Pillow

 30 Minutes

Instructions:

1. Draw a big heart filling your blank sheet of paper and cut it out.
2. Use the heart you cut out as a stencil to cut your felt. Place the paper heart on a sheet of felt and cut the felt around it. Do the same with your second sheet of felt.



3. Once you have 2 felt hearts place them on top of each other and make sure they line up as much as you can.
4. Using scissors, cut a slit through both felt pieces about 2 inches deep. Work your way around the edge of the heart and cut slits 2 inches deep all around leaving $\frac{1}{2}$ an inch in between each slit. Now you have fringes all around!



5. Take one little fringe from the top felt and the fringe under it from the bottom felt that line up and tie them together two times into a knot. Continue to tie all the fringes around the heart until you have five left next to each other. You will now have an opening into the heart.



6. Stuff the heart with the pillow stuffing until it's nice and plump and then go ahead and tie the rest of the fringes.
7. Use the fabric marker to write "Love your fellow" on your pillow and decorate it with mini hearts as you wish or you can leave it with just the words.



Think About It

Having a pillow like this in your room is sure to remind you to keep your room a place of Ahavat Yisrael, a place where everyone feels loved and welcome!

OVERVIEW

Handmake your own Ahavat Yisrael pillow to decorate your bedroom!

SUPPLIES NEEDED

- 2 pieces of felt about the size of regular paper, colors of your choice
- Scissors
- Blank sheet of paper size 8.5 * 11
- Pillow stuffing
- Fabric marker
- Pen/pencil



Fizzy Sidewalk Chalk

 20 Minutes



Instructions:

1. Set up this activity outside on the pavement.
2. Mix $\frac{1}{2}$ cup baking soda and $\frac{1}{2}$ cup cornstarch into each bottle or container.
3. Pour in enough water to cover the baking soda and cornstarch mixture in each bottle and stir until smooth.
4. Add food coloring to each container and mix it up. Have fun playing with the colors, mix and match to make new colors.
Tip: Red and blue make purple. Yellow and blue make green. Yellow and red make orange.
5. Allow the fun to begin! Make shapes, draw lines, and make designs on the pavement with the homemade sidewalk chalk paint you just created.
6. Fill a bottle full of vinegar. Once you've created a design, pour the vinegar over it and watch it fizz!
7. Repeat with different designs- try to make one that connects to something you learned in camp this week!

OVERVIEW

Have a blast making artwork and watching it fizz down the sidewalk!

SUPPLIES NEEDED

- Baking soda (2 Cups)
- Cornstarch (2 Cups)
- Water
- Spoon
- Food Coloring
- Vinegar
- 4 Bottles or containers (to hold paint)

Take the Challenge

Toothpick Puzzles

 20 Minutes



Instructions:

1. Open the Toothpick Puzzles Slideshow on your computer.
2. The slideshow will instruct you to do several toothpick puzzle challenges.
3. Before beginning a challenge, set a stopwatch to see how long it takes you to solve it.
4. First you will lay out the toothpicks on your paper in the given pattern and then you will follow the puzzle instructions to change the pattern.
5. Once you've solved the first puzzle, note the time on the stopwatch and write it down.
6. The answers are included on the next slide, but it's more fun if you only refer to them as a last resort.
7. Reset the stopwatch and move on to the next puzzle challenge.
8. Repeat steps 3-7 until you finish all the puzzle challenges.
9. Good luck! What was your record time for finishing a toothpick puzzle challenge?

OVERVIEW

Follow the puzzle challenges to arrange cool patterns and shapes out of toothpicks.

SUPPLIES NEEDED

- Computer
- Toothpicks
- Paper
- Stopwatch

ONLINE RESOURCES

- [Toothpick Puzzles Slideshow Link](#)

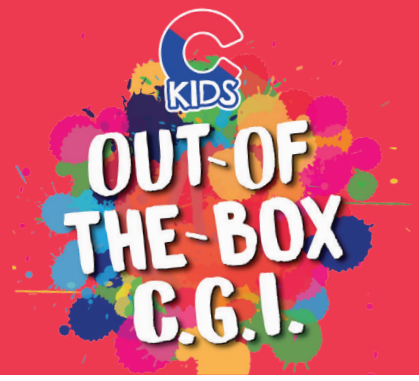


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Week 5
Thursday

Take the Challenge

WEEK 5 FRIDAY



FEATURED VIDEOS OF THE DAY

ONLINE RESOURCE

- Video Links

The Sound of Tefillah

- Connecting to your Higher Power.
A Musical Conversation with Hashem.

Take Action

Special Story about the Kotel

🕒 10 MINUTES

Interactive video where your child will learn fundamental aspects of Judaism in a fun & exciting way!

How Cool Is That

Glider

🕒 20 MINUTES

STEM - The Fun Way!
Build awesome things with simple materials

SUPPLIES NEEDED

- 8 Straws
- Tape
- 1 sheet of cardstock
- Paper

Build Your Talent

Karate

🕒 30 MINUTES

Learn the skills to defend yourself!



25

Week 5
Friday

Featured Videos Of The Day

Live it, Love it!

Ahavat Yisrael Frisbee

 **25 Minutes**



OVERVIEW

Color by Number your very own Frisbee and see what picture you get! When you're all done you will have a colorful Ahavat Yisrael Frisbee to play with!

SUPPLIES NEEDED

- Coloring utensils such as markers, crayons or colored pencils
- Ahavat Yisrael Frisbee

Instructions:

1. Follow the numbers to color in your Ahavat Yisrael Frisbee! Choose one color for each number. For example: all the spaces that have a number 1 in them will be colored in red and all the spaces with a number 2 in them will be colored blue.



Think About It

The most common way to play a game of Frisbee is with two people; one throws and the other catches. That already is the Mitzvah of Ahavat Yisrael - playing

nicely together with someone else!



26

Week 5
Friday

Live it, Love it!

Edible Perler Beads

 25 Minutes



Instructions:

1. Cut the licorice into ½ inch pieces.
2. Stand them upwards on the template to create your design.
3. **ADULT NEEDED:** place a piece of parchment paper on top of licorice, iron until slightly melted together. Flip over, peel paper off and place another piece of parchment paper on top and iron until melted.

OVERVIEW

Create a perler bead picture that you can eat!

SUPPLIES NEEDED

Baking Utensils

- Kitchen scissor or cleaned scissor
- Parchment paper
- Iron
- Template

Ingredients

- Rainbow Licorice

ONLINE RESOURCES

- Printable Recipe Card
- Printable Template
- Instructional Video Link

Balloon Bowls

 20 Minutes



Instructions:

1. Prepare your work area by spreading out some newspaper or a garbage bag to cover the surface.
2. Cut up your decorative paper into small sized pieces. You can make a variety of shapes and sizes. If using paper confetti only, skip this step.
3. In a disposable cup, mix glue with water to make the mixture thinner and easier to paint onto the balloon.
4. Blow up a balloon to medium size and with a marker, carefully mark a line about halfway through it.



5. Holding the top of the balloon in one hand, paint a section of the balloon.



6. Place the decorative paper pieces on the glue section.



OVERVIEW

Make your own bowl using a balloon to keep its shape.

SUPPLIES NEEDED

- Glue
- Water
- Disposable cup
- Paint brush
- Balloon
- Marker
- Decorative paper: patterned paper, colorful paper or paper confetti
- Scissors

ONLINE RESOURCES

- [Instructional Video Link](#)

Balloon Bowls (continued)

7. Continue painting sections of the balloon until it's completely covered in paper.
8. Paint another layer of glue on top of the paper and make another 2-3 layers to create a thick cover layer over the balloon.
9. When all the layers have been painted, turn the balloon upside down and rest it inside a jar or cup. Let dry for 24 hours.
10. After the balloon layers are dry, turn the balloon over so the uncovered side is on top and carefully pop the balloon (use a scissor to make a small cut). Pull out any remaining balloon pieces that may have stuck inside the ball and put them in the garbage.

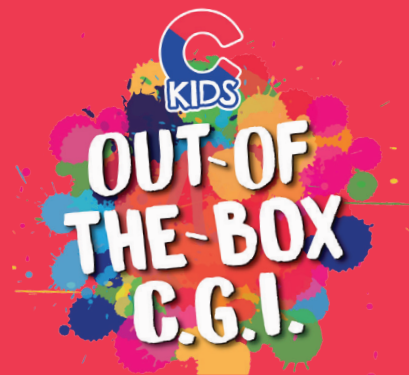


11. **Optional:** Trim the top of your bowl to make a straight edge.



12. Fill your balloon bowl with coins for Tzedakah or markers and pens. Enjoy!

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Take Action learning class



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Week 5
Friday

Featured Videos Of The Day



SUITE|302

